2022 Annual Report

More than just a café...

by Olivia Amos
Executive Director, The Food Mill



First, I'd like to say a heartfelt thank you for supporting TFM. Each time you grab lunch in the cafe, or purchase fresh, local produce in our market, you're supporting our nonprofit mission. The reality of our city's health crisis regarding preventable diseases and nutrition insecurity motivates all our programs. Without access to fresh, healthy food, our residents have higher rates of diet-related illnesses, causing unnecessary harm and disease. It means our students have trouble focusing at school and performing at their best due to nutritional deficiencies. At our core, we believe that everyone deserves the right to affordable, local, nutritious food. With you alongside us, we see our city's food culture, policies and priorities changing to reflect a healthy city.

Over 2,000 pounds of produce sold on our mobile market July - Dec. 2022

More than 200 SNAP (Supplemental Nutrition Assistance Program) mobile market discounts through our partnership with Wholesome Wave of Georgia

Our Mission

The Food Mill, Inc is a 501(c)3 non-profit social enterprise that exists to eliminate barriers that prevent access to nourishing food, address the root causes of diet-related chronic illnesses, create economic development opportunities, champion urban farming, and advocate for food policies that create a more equitable and sustainable food system. We do this through our programs and strategic collaborations with like-minded organizations.

Our programs:

- Mobile Farmers Market (Stops in Columbus and surrounding rural counties)
- School Breakfast Program and Food Pantry (Truth Spring Academy)
- Healing Roots Mindfully Tailored Meals
- Cooking Matters Course (Nutrition Education & Cooking Classes)
- Farm-to-School Programs
- Cafe & Indoor Farmers Market
- Truth Spring Academy Trade School and Open Door Culinary Program Partner
- Shared Kitchen (coming soon!)

Creating a food & wellness hub

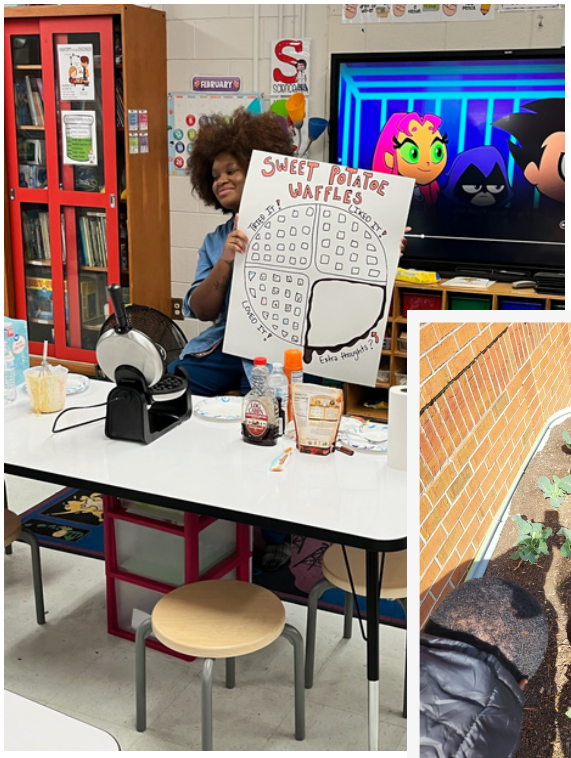
through strategic, researched programs...

Located on Second Avenue, **our market** shares a space with our café and serves as a resource to local farmers and food entrepreneurs by removing the burden of retail sales. **Our recently expanded café** serves as a hub for all Columbus, especially those in North Highland, where transportation to healthy food may be limited. Our café & market makes healthy food accessible five days a week and offers discounts to community residents as needed. **In 2022**, we ran **farm to school programming in four schools** and served more than **700** students. Our FoodCorps service members manage gardens at each school and educate students and family members on nutrition and growing.



Ms. Shelia Conner, a Food Mill neighbor, enjoys regular access to natural products and often stops in for a sweet potato, or her favorite, the grouper sandwich!







Students choice award goes to...

LETTUCE!





2022 Annual Report

Solving nutrition insecurity

through our mobile market & more...

In 2022, our **mobile market** served over **1,732** households and more than **4,607** individuals. Our mobile market travels several days a week to bring fresh, local produce to communities with low access to fresh food. We source produce from small, local producers, paying them fairly for their hard work and care. Our mobile market is a 26-foot refrigerated truck that allows us to keep food items fresh during distribution.



111,000

OF OUR 198,000

residents live in a food desert. 40,000 of those identify as having little to no access to fresh food. **Piedmont's Community Health Needs Assessment 2019*

2022 Mater Mania & Golden Donut Run

Our inaugural Mater Mania event was a hot one (literally)! We had over twenty vendors at our street festival with mater-themed treats, competitions, music, & more.

Save the date *for this year's Golden Donut Run!* **Golden Donut Run 5K & 1-Mile Fun Run & North Highland Community Holiday Festival, Saturday, December 9, 2023**







We had over 250 participants in our second annual Golden Donut Run! Proceeds benefitted our Truth Spring Academy Breakfast Program, which has provided more than **32,000** nutritional breakfast meals to students to date.

Maximizing Impact

through collaborative partnerships...

The Food Mill Shared Kitchen, launching in the fall of 2023, will reach the underserved in our community as an incubator kitchen to nurture our local culinary talent. **This unique opportunity lends space to help food entrepreneurs experiment with the logistics of running their own small food-based business.** It is available to students graduating from the Open Door Community Culinary Program, the Columbus Tech Culinary program, local high school culinary programs, Truth Spring Trade School participants, and other food entrepreneurs needing a state-certified space to operate their cottage food or catering businesses.



We are proud to partner with the Open Door Culinary Program in the Fox Community Center through the launch of Shared Kitchen. Coming soon!

Partnerships

The more we work together, the closer we come to a healthier, more equitable Columbus. To view our full list of partners, visit **thefoodmill.org.**

HERE'S TO ALL THE THINGS WE'D LIKE TO WATCH GROW MORE BEAUTIFUL THIS YEAR. AND HERE'S TO BEING PART OF THE MAKING OF THAT BEAUTY.

Consider Supporting Us!

Help us continue our work by making a donation! Scan the QR code below to make a fully tax-deductible donation online, or visit thefoodmill.org.

Statement of Financial Position

Financial Report January 1, 2022 - December 31, 2022

TOTAL REVENUE	
A. Donations B. Government Grants/Contributions C. Sales of Product Revenue D. Total Revenue	A. $249,532.25 B. $258,748.21 C. $652,333.37 D. $ 1,160,613.83
EXPENSES	
A. Total Expenses B. Net Operating Revenue C. Total Other Revenue D. Depreciation Expense E. Net Other Expense/Revenue F. Net Revenue	A. $ 832,858.18 B. ($40,233.66) C. $ 980.04 D. 10,666.00 E. -$ 9,685.96 F. (49,919.62)



FOOD IS LOVE
FOOD IS HOPE
FOOD IS MEDICINE

The FOOD MILL
Food Farmacy

Our efforts go further together

thanks to our collaborative partnerships...

Our Partners

- Open Hand Atlanta
- Wholesome Wave Georgia
- Georgia Organics
- MercyMed of Columbus
- Valley Healthcare
- Girls, Inc. of Columbus
- All About Fitness
- Boys & Girls Club of the Chattahoochee Valley
- Emory University
- Piedmont Columbus Regional
- Feeding The Valley
- Open Door
- FoodCorps Georgia

Our Partner Farms

- Jenny Jack Farm
- Dew Point Farm
- MercyMed of Columbus
- Columbus Botanical Garden

